

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Module 5 - Trust and Attachments		1  Sorry we're CLOSED	2 	3 
6  Open Space / Coffee & Check-In 10-12 UNO/ Skip-Bo 1-3	7 Crafters & Coffee 10-12 Understanding Attachment Styles 1-3	8 Diamond Painting 10-12 	9 Pantry Meal Prep 10-12 Why Connection Feels Hard 1-3	10 Tangled Up in Thread 10-12 Thrift Challenge 1-3
13  Open Space / Coffee & Check-In 10-12 Sidewalk Chalk & Bubble Party 1-3	14 Walk and Ice-cream 10-12 Building Trust 1-3 	15 Diamond Painting 10-12 The Compatibility Game 1-3	16 Backyard & Banter 10-12 Why Trust Feels Unsafe 1-3	17 Tangled Up in Thread 10-12 M.I.N.D Commite Election 10 -3
20  Open Space / Coffee & Check-In 10-12 UNO/ Skip-Bo 1-3	21 Crafters & Coffee 10-12 Healthy vs Unhealthy Relationships 1-3	22 Diamond Painting 10-12 	23 Pantry Meal Prep 10-12 Why We Stay in Unhealthy Relationships 1-3	24 Cricut Completion Day 11-3 
27  Open Space / Coffee & Check-In 10-12 Mellow Monday Bingo 1-3	28 Crafters & Coffee 10-12 Repair, Rupture in Relationships 1-3	29 Diamond Painting 10-12  Special Interest Day 1-3	30 Backyard & Banter 10-12  Grief, Loss & Relationship Endings 1-3	31 Tangled Up in Thread 10-12 Creative Chaos Day 1-3 

July 2026



Join us!



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Recovery starts with one small step. We're glad you're here.