

Monday	Tuesday	Wednesday	Thursday	Friday
5 	6 	7 Diamond Painting 1-3	8 AudioBook Club 10-12 2025 Wrapped 1-3	9 Tangled Up in Thread 10-12 Open Games 1-3
12 Monday Reset 10-12 Creative Corner 1-3	13 Crafters & Coffee / Lego Building 9-12 / 9-12 The Impact of Loneliness on Mental Health 1-3	14 Diamond Painting 1-3 Group Discussion 1-3	15 Audiobook Club 10-12 Trivia & Tea 10-12 Coping With Loneliness 1-3	16 Tangled Up in Thread 10-12 Open Games 1-3
19 Monday Reset 10-12 Creative Corner 1-3	20 Crafters & Coffee / Guided Craft 9-12 / 9-12 Energy Budgeting: Planning Your Week with Spoon Theory 1-3	21 Diamond Painting 1-3	22 Scenario Games 10-12 Pantry Meal Prep 1-3	23 Tangled Up in Thread 10-12 Open Games 1-3
26 Monday Reset 10-12 Creative Corner 1-3	27 Crafters & Coffee / Lego Building 9-12 / 9-12 Navigating Boredom 1-3	28 Diamond Painting 1-3 Group Discussion 1-3	29 Audiobook Club 10-12 Trivia & Tea 10-12 Getting Things Done... Eventually 1-3	30 Tangled Up in Thread 10-12 Open Games 1-3



January 2026



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