

M.I.N.D

My Mind. My Move.

JANUARY 2024

Happy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HAPPY NEW YEAR!	2 SORRY WE'RE CLOSED	3 SORRY WE'RE CLOSED	4 SORRY WE'RE CLOSED	5 SORRY WE'RE CLOSED
8 One on one with Craig 10-12 Holiday Group Chat 1-3	9 Cross Stitch with Anthony 9-12 Life Skills Personal Boundries 1-3	10 Diamond Painting 1-3	11 Pancake Breakfast 10-12	12 Cross Stitch with Anthony 9-12 Bocee Ball 1-3
15 One on one with Craig 10-12 Open Art Room 1-3	16 Cross Stitch with Anthony 9-12 Life skills The Pursuit of Happiness 1-3	17 Self reflection 10-12 Diamond Painting 1-3	18 Art/Craft 10-12 Life Skills 1-3	19 Cross stitch with Anthony 9-12 Game Day 1-3
20 One on One with Craig 10-12 Open Art Room 1-3	23 Cross Stitch with Anthony 9-12 Life skills The Pursuit of Happiness 1-3	24 Support Group "Support each other to happiness" 10-12 Diamond Painting 1-3	25 Coffee and chat 10-12 Life Skills 1-3	26 Cross stitch with Anthony 9-12 Pour Painting 1-3
25 One on one with Craig 10-12 Open art Room 1-3	30 Cross stitch with Anthony 9-12 Life skills The Pursuit of Happiness 1-3	31 Art Activity "That made me smile" 10-12 Diamond Painting 1-3		

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